
Who's In Charge?

A FREE 8 week course for parents whose children are abusive towards them
Based on the work of Eddie Gallagher

This course is for parents of children between 8 and 18 who feel constantly challenged by their children's behaviour. The course is based on the work of Eddie Gallagher and aims to:

- Reduce parents' feelings of isolation
- Challenge parents' feelings of guilt
- Create belief in the possibility of change
- Explore anger, both children's and parents'
- Develop safety plans for families
- Help parents to look after themselves
- Clarify boundaries of acceptable and unacceptable behavior
- Examine strategies for creating meaningful and practical consequences for unacceptable behavior
- Reinforce progress and provide emotional support while you attempt to become more assertive parents



Venue

Enfield Community Centre
540 Regency Road
ENFIELD SA 5085

Cost Nil

Duration

6.30pm - 9.00pm

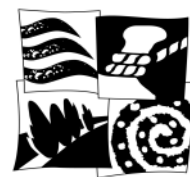
Dates (all sessions to be attended)

Session 1 - Tuesday 25 October 2016
Session 2 - Tuesday 01 November 2016
Session 3 - Tuesday 08 November 2016
Session 4 - Tuesday 15 November 2016
Session 5 - Tuesday 22 November 2016
Session 6 - Tuesday 29 November 2016
Session 7 - Tuesday 06 December 2016
Session 8 - Tuesday 13 December 2016



Bookings essential, please contact Centacare on
8215 6700 or email your details to:
registrations@centacare.org.au

This project is jointly funded by Centacare Catholic Family Services, Department of Families and Communities and Department of Social Services



CITY OF
Port Adelaide Enfield